



# Pool Guard Recruit Academy Paid Training \$15./hr

## \*Swim Test

- Swim 300 yards continuously
- Swim 20 yards, head-first dive 7-10', retrieve 10-pound brick, swim 20 yards on back, holding brick with both hands, face out of water in 1 min, 40 sec or less.
- Tread water for two minutes (legs only)

**Includes 7 hours of paid on-line training prior to March 28.**

The City of San Diego will pay you to train in our Pool Lifeguard Recruit Academy (PGRA). Graduates will be prepared to promote to a permanent Pool Guard position.

Next Academy: **March 28 through April 1**

To qualify for the Academy, you must:

1. Successfully pass the swim test\*
2. Complete a background check, including proof of age (must be 16 years old) and Covid vaccination.
3. Commit to complete on-line training, attend all classes, and interview for a Pool Guard Position if graduating from Academy.

After graduating, you apply for a permanent position and interview.

## \*Test Location/Dates/Times:

- Kearny Mesa Pool-Any MWF in January, 8:00am-3:00pm  
or
- Call/email Kathy Castello at (619)[533-4017](tel:6195334017)  
[KCastello@sandiego.gov](mailto:KCastello@sandiego.gov)



## **PGRA Class Dates:**

**March 28-April 1 (no class March 31)**

**Days: M,T,W,F**

**Time: 8:30am-4:00pm**

**Kearny Mesa Pool  
3170 Armstrong Street,  
92111  
(858) 573-1389**